Kinghorn Lifeboat Station Crew Profile

Melanie McGarva Crewmember

Age: 20

Years RNLI Service: 3

Profession: Sales Associate

Work place: Kirkcaldy

Family: In a relationship

Other Interests: I enjoy reading, running and going to the gym.

Why do I volunteer? At first I was nervous about joining as I had no previous

maritime experience but the RNLI provide training that is supportive, rigorous and focused so that when we are put to sea we do so with the confidence that we are as ready for the task we can be. The relieved look on a casualty's face when they see the lifeboat approaching cannot be

more rewarding.

Throughout my time with the RNLI I have been given opportunities to achieve further qualifications such as RYA Day Skipper, first aid and my VHF licence. I have also undertaken passages aboard other lifeboats and a tall ship voyage for young RNLI crew members.

As well as being professionals, we are also just like a big family. We all support each other both within and outside the RNLI. I joined in 2010 and haven't looked back since!

